

Food Preferences

Non-action Verbs

9:30-9:40 Ice Breaker

- What was the **best** thing that happened to you this week?
- What was the **worst** thing that happened to you this week?



9:40-9:50 Lesson Warm-Up

- Describe what is happening in the picture.
- Do you prefer to eat at a restaurant or at home?
- Do you prefer your own country's food or other kinds of food?
- Which countries' food do you prefer?

9:50-10:05 Dialog

Mike and Jeff are at a restaurant discussing business. But before they start their meeting, they discuss their food preferences. Practice reading the dialog with your partner, and then switch roles and read the dialogue again.

Mike: This new client will really boost our company's sales!

Jeff: I agree. I think we will enjoy a long relationship.

Mike: Do you come to this restaurant often?

Jeff: Not too often. Have you ever been to a Japanese restaurant before?

Mike: Nope. This is my first time trying Japanese food. It smells delicious in here.

Jeff: What seems good on the menu?

Mike: I'm not sure what I want. I prefer spicy food.

Jeff: Japanese food isn't usually spicy unless it's something with wasabi.
Mike: What Japanese food do you like?
Jeff: I love the soy ramen. I dislike natto, though.
Mike: What does natto taste like?
Jeff: It has a very strong taste. It takes a long time to get used to the flavor.
Mike: Well, I'll take your word for it. I'll take the soy ramen too.

Vocabulary and Pronunciation:

Read the following vocabulary with your tutor. Which verbs are action verbs, and which verbs are non-action verbs?

Boost: to improve something; to make something more successful
Example: The new resort area has boosted tourism.
Agree: to have the same opinion as someone else
Example: Teenagers and their parents don't always agree
Think: to believe that something is true
Example: I think that you're being unfair.
Smell: a quality of an object recognized by the nose
Example: The Thanksgiving dinner smells delicious.
Seem: to appear to be true; to appear to have a particular quality
Example: Ann didn't seem very sure about her business decision.
Want: to have a desire for something
Example: Do you want me to carry that box for you?
Prefer: to desire something over something else
Example: She prefers her coffee black.
Like: to enjoy something; to think that something is nice or good
Example: I like classical music
Dislike: to think that something or someone is unpleasant and not like them.
Example: My son dislikes eating vegetables
Taste: to have a particular flavor
Example: This tastes good!
Get used to: to become accustomed to something
Example: I have to get used to my new busy work schedule.
Take your word for it: to trust someone's opinion
Example: If that's what you think, then I'll take your word for it.

10:05-10:15 Grammar Practice and Discussion (see online grammar presentation)

A stative verb is also called a “non-action verb.” It expresses a situation or state that exists, but not an action that is in progress. We cannot use the present progressive verb tense with a non-action verb. Choose the correct verb tense in the following sentences.

1. I (know/am knowing) my tutor outside of church.
2. We (think/are thinking) English conversation is easy.

3. She (is understanding/understand) advanced math.
4. I (remember/am remembering) my best friend's birthday.
5. You (are having/have) a car.
6. My family (owns/is owning) a house.
7. My brother (is belonging/belongs) to a hobby group.

Answer the following questions with your own answers:

- I (am wanting/want) _____.
- I (need/am needing) a new _____.
- I (prefer/am preferring) _____ instead of _____.
- I (am thinking/think) the weather is _____ today.
- It (is seeming/seems) the weather will be _____ tomorrow.

10:15-10:25 Grammar Practice

*Answer the following questions using the non-action verb: **prefer***

Example: Person A: What do you like better: tea or coffee? Why?
 Person B: I **prefer** coffee because it wakes me up in the morning.

- What do you like better: tea or coffee? Why?
- What do you like better: beef or chicken? Why?
- What do you like better: noodles or rice? Why?
- What do you like better: Pepsi or Coke? Why?
- What do you like better: American or Asian food? Why?

*Give your opinion on the following activities using the non-action verb: **like** or **dislike***

Example: I dislike cooking for family gatherings because it's too much work.

- Cooking for family gatherings. Why?
- Watching cooking TV shows. Why?
- Eating only healthy foods. Why?
- Making my own meals. Why?
- Shopping for groceries. Why?

There is a difference between something we want and something we really need. Which of the following do you want or need? Give your opinion.

Example: I need a bigger house because we have five children.

- A bigger house. Why?
- A nice vacation. Why?
- A better car. Why?
- A higher salary. Why?
- A faster computer. Why?

Say whether you agree or disagree with the following statements, and then state why.

Example: I agree that it is best to include many colors of fruits and vegetables to have a healthy meal.

- To have a healthy meal, it is best to include many colors of fruits and vegetables.
- People enjoy the food from their own countries most of all.
- Unhealthy food is more delicious than healthy food.
- The benefits of organic food are worth the higher price you pay for them.

10:25 – 10:40 Discussion Questions

- About how many different color foods did you eat for dinner last night?
- Do you think about color when you are preparing a meal?
- Are there any foods that you wouldn't eat as a child that you eat now?
- Are you a good cook? What's your favorite food to cook? Can you cook well?
- Are you a vegetarian?
- Are you concerned about your daily calorie intake when choosing something to eat?
- Do you always eat dinner with your family?
- Do you eat rice every day?
- Do you ever skip breakfast? If so, how often and why?
- Do you know someone who struggles with an eating disorder?
- Do you like deep fried food?
- Do you like peas and carrots? How about spinach?
- Do you like to eat at fast food restaurants?
- Do you like to eat cake?
- Do you like to eat junk food? If so, what kind?
- Do you like to eat dessert after dinner?
- Do you like to try new food and drinks?
- Do you often eat out?
- Do you prefer fish or meat?
- Do you read the nutritional information on the foods you buy?
- What is your opinion of Chinese food? American food? British food? Indian food? Greek food?